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### SMART STALE FOOD DETECTOR USING IOT (INTERNET OF THINGS)

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#### ABSTRACT

With the evolution of technology and dependency of people on smart phone and increasing demands of quick and easy way of solving daily life tasks, it has become very essential to have a technology that can control over domestic and industrial applications using IoT. This paper deals with the technologies along with internet of things using Arduino which employs the script programming and sensors like DHT sensor, moisture sensor, MQ3 Sensor, Aurdino UNO etc. In this paper, we develop a food quality sensing/detecting technique. The sensors will be associated with Aurdino.Refrigerator is an essential food storage technique that lowers the rate of reproduction of bacteria. But in certain situations we may fail to notice the food items that are not used in long-term storage inside it. This paper is developed to solve the problem of food spoilage, with the help of sensors which are used to detect the stale food by sensing it continuously. The detection will be shown through the signals based on freshness and quality of food by an alert message sent to our registered mobile phone.

**Keywords:** Aurdino UNO, Sensors; DHT sensor, Moisture sensor, Gas sensor, Food quality.

#### I. INTRODUCTION

Sustenance wellbeing and cleanliness is a noteworthy worry so as to keep the nourishment wastage. The Quality of the nourishment should be observed and it must be kept from spoiling and rotting by the environmental components like temperature, stickiness and dim. In this way, it is helpful to convey quality checking gadgets at sustenance stores. These quality observing gadgets keep a watch on the natural factor that reason or pace up rot of the nourishment. Afterward, the natural components can be controlled like by refrigeration, vacuum stockpiling and so on.

In this task, a comparative nourishment quality observing gadget will be planned that will keep watch of ecological elements like temperature, stickiness, liquor substance and presentation to light. The gadget is based on Arduino UNO which is a well known prototyping board. The Arduino board is interfaced with different sensors like DHT-11 to screen temperature and stickiness, MQ3 to distinguish liquor substance and LDR to quantify presentation to light. This is an IoT gadget and sends the deliberate sensor information to an IoT stage. The ESP8266 Wi-Fi Modem is interfaced with the Arduino to associate it to the web by means of Wi-Fi switch. The sensor information is likewise shown on a character LCD interfaced with the Arduino UNO. The IoT stage utilized for logging and checking of sensor information is Freeboard.io. With the intensity of Internet of Things, the ecological elements influencing the sustenance stockpiling can be observed from anyplace, whenever and from any gadget.

Numerous such gadgets can be introduced at an area for better observing and quality control. The Arduino Sketch running over the gadget executes the different functionalities of the venture like perusing sensor information, changing over them into strings, showing them on character LCD and passing them to the IoT stage. The Sketch is composed, arranged and stacked utilizing the Arduino IDE.

The IoT is a mechanical vexed that addresses the destiny of enrolling and exchanges, and its improvement depends upon dynamic particular progression in different imperative fields, from remote sensors to nanotechnology. They are going mark the every thing to perceive, robotizing and controlling. Sustenance hurting has been the wellspring of boundless contaminations and illnesses. Usage of stale sustenance results in debilitated prosperity. The need of incredible significance is to develop a successful strategy to diminish the usage of spoilt sustenance. Wide research to deal with the issue of sustenance hurting and decline the damage to unwary buyers has offered climb to creative

contraptions. The utilization of substance, optical and electrical sensors to decide the staleness of nourishment has ended up being leverage to customers of bundled sustenances. In this undertaking, we endeavor to build up a savvy sensor plate and crate that can recognize the freshness of family unit sustenance things like dairy, meat and cooked things. Shrewd plate is a level plate comprising of an assortment of sensors that are actuated relying upon the nourishment thing. A message can be gotten as a notice to the cell phone when the caution goes off.

## II. LITERATURE REVIEW

In paper [1], "IoT based project for food quality and monitoring", the author proposed a device called Smart Plate consisting of a variety of sensors that are activated depending on the food item. This plate can be placed in any utensil and a panel can be used to select the type of food item.

In paper [2], "Food freshness detector using IoT", the author proposed sensing designs and their analytical features for measuring freshness markers, allergens, pathogens, adulterants and toxicants are discussed with example of applications

In paper[3], "Smart storage of food based on IoT", the author proposed a type of storage which can automatically replenish kitchen items. The use of Force Sensitive Resistor (FSR) to detect the absence of ingredient in a specific box of the pantry. Arduino UNO is used to read the sensor value.

In paper[4], "Food monitoring system based on bluetooth low energy and IoT", the author proposed The system uses a GSM/GPRS public wireless network for remote data transfer . The mix of web of things innovation, GSM/GPRS open remote system innovation and Internet essentially decreases the expense of the framework, with driving boundless extent of following acknowledgment, which upgrades the complete execution of the framework extraordinarily.

In paper[5], "Food quality and security observing utilizing gas sensor exhibit in keen bundling", the creator proposed little gas sensors and minimal effort customized to the sort of nourishment bundling and a specialized gadget for transmitting caution yield to the shopper are enter factors in accomplishing smart bundling.

In paper[6], "Quartz Crystal Microbalance Based Approach for Food Quality" the author used biosensors technology. There is developing enthusiasm towards biosensors innovation because of high particularity, accommodation and snappy reaction.

In paper[7], "Perishable Food Quality Monitoring – An Internet of Things (IoT) Approach" Monitoring of perishable food products and early detection of degradation will avoid loss due to food wastage and also ensures the freshness of food. In this scenario, remote monitoring of fruits during transportation from field to shelf can ensure the quality of fruit. In this work, a wireless sensor network was designed for monitoring of fruits during transportation and even after storage.

In paper [8], "Design and implementation of food intelligent monitoring system based on pH sensor" The author proposed a pH sensor and an external interrogator that interact to provide information on the quality of food products.

In paper [9], "Electronic Noses Application to Food Analysis Using Metal Oxide Sensors: A Review" The creator proposed electronic noses which utilizes diverse kinds of electronic gas sensors that have halfway particularity and a suitable example acknowledgment strategies fit for perceiving straightforward and complex smells.

In paper [10], "Battery-free radio frequency identification (RFID) sensors for food quality and safety" The author proposed passive (battery-free) radio frequency identification (RFID) sensors for highly sensitive and selective detection of food freshness and bacterial growth.

In paper [11], “A Passive Radio-Frequency pH Sensing Tag for Wireless Food-Quality Monitoring” The author presented a new method, suitable for food quality management by wirelessly monitoring pH level changes in food with a flexible pH sensor embedded in a battery less radiofrequency (RF) transponder. In paper[12], “Web-based colorimetric sensing for food quality monitoring” The color change of a colorimetric sensor was captured with a wireless camera and the data was transmitted to a PC, which uploaded the information to the web.

In paper[13], “A sensor system for Automatic detection of food intake through non-invasive monitoring of chewing”. This paper presents a simple sensor system and related signal processing and pattern recognition methodologies to detect periods of food intake based on non-invasive monitoring of chewing. In paper[14], Bakery foods were evaluated for color by visual examination and by development of a machine-reading system coupled with discriminant analysis of the data acquired. A classification algorithm separated light from dark-colored bakery foods.

In paper[15], A hyperspectral reflectance imaging approach in the spectral region of 400–720 nm was developed for the detection of external insect damage in jujube fruits. The peel conditions of jujube samples were tested at undamaged stem-end/calyx-end/cheek regions and at insect-damaged stem-end/cheek regions. In paper[16], “Feasibility in NIRS instruments for predicting internal quality in intact tomato” .This study examined the feasibility of using NIRS technology to predict internal quality parameters in individual tomatoes.

In paper[17], For fast imaging, the source output was shaped into a line beam and an array detector was used. Two reflecting mirrors were utilized for a reflective imaging system.

In paper[18], This paper provides an overview of TI theory, equipment, and image processing. Recent advances and potential applications of TI for food safety and quality assessment such as temperature validation, bruise and foreign body detection and grain quality evaluation are reviewed.

In paper[19], “Arduino Based Smart IoT Food Quality Monitoring System” a food quality monitoring device will be designed that will keep watch of environmental factors like temperature, humidity, alcohol content and exposure to light using Arduino Uno.

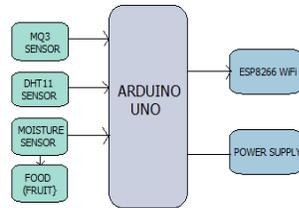
In paper[20], “ Food Intake Monitoring System for Mobile Devices”, In this paper, we introduce a real-time food intake monitoring system for mobile devices.

In paper[21], “RFID BASED PH SENSING TAG FOR FOOD QUALITY MONITORING SYSTEM”, the author proposed a practical application of wireless networks for food quality management by wirelessly monitoring pH level changes in food with a pH sensor.

In paper[22], “Aptasensors in Health, Environment and Food Safety Monitoring”, the author proposed Aptasensors which are basically biosensors based on aptamers as ligand molecules. The paper gives various applications of aptasensors in health (specifically in diagnostics), food industry and environmental monitoring.

In paper[23], ”Development of a Safety Monitoring and Assurance System (SMAS) for chilled food products” the author proposed an evaluation based on continuous product temperature monitoring, possibly by Time Temperature Integrators (TTI), and the use of predictive models for the growth of food pathogens, allow to give priority to products in such a way that risk at consumption time is minimized.

In paper[24], “Waste food Reactor”, the author proposed In our project, a single-stage anaerobic digester is developed to manage food waste at a household level. Anaerobic digestion is a naturally occurring decomposition process which breaks down organic matter into simpler chemical components in the absence of oxygen to produce biogas and digestate.



Smart Food Monitoring (Architecture)

**Block diagram**

**III. METHODOLOGY**

Sustenance harming is a major issue that influences a huge number of individuals consistently. Harming nourishment must be perceived ahead of schedule to keep a significant issue. The destinations of this gadget is to make an electronic gadget incorporated with biosensors that can distinguish nourishment waste. The utilization sensors that can gauge distinctive parameters of sustenance like pH, dampness, and ethanol level. The square graph beneath demonstrates the model of gadget. The gadget comprises of a microcontroller Arduino Uno, Bluetooth module, electrical and biosensor like pH sensor, dampness sensor, and gas sensor. The nourishment to be checked is appended to the comparing sensor and the client can include from Android portable application, the choice of sustenance thing from application offers direction to Arduino Uno with conveying through Bluetooth module. The microcontroller take readings from the sensor and choose result with a predefined calculation. The outcome is as "Great to utilize" and "Not great to utilize" contingent on the sustenance freshness level.

In this venture, a sustenance quality observing gadget will be planned that will keep watch of regular/ecological elements like temperature, moistness and liquor content. The gadget is based on Arduino UNO which is an unmistakable prototyping board. The Arduino board is interfaced with different sensors like DHT-11 to screen temperature and moistness and MQ3 to distinguish liquor content. This is an IoT gadget and sends the deliberate sensor information to an IoT stage. The ESP8266 Wi-Fi Modem(Node MCU) is interfaced with the Arduino to associate it to the web by means of Wi-Fi switch. The IoT stage utilized for logging and checking of sensor information is IOT Watson. With the force of Internet of Things, the ecological components influencing the sustenance stockpiling can be observed from anyplace, whenever, wherever and from any gadget.

**Components required**

Components	Quantity
Arduino UNO	1
Node MCU	1
DHT-11 sensor	1
MQ3 sensor	1
Connecting wires	few
Any food item	1

**Parameters to be analyzed**

**DHT** : Digital Humidity and Temperature sensor is utilized to recognize the moistness and temperature level in the atmosphere. It has highlights like Low cost, long haul solidness, relative stickiness and temperature measurement,

excellent quality, quick reaction, solid enemy of obstruction capacity, long separation flag transmission, computerized flag yield, and exact alignment.

*Moisture* : The measure of dampness noticeable all around can be utilized to decide the freshness of fricasseed and prepared things like chips and bread rolls. At the point when the dampness content builds, it is characteristic of stale sustenance.

*Gas* : Sensor clusters can recognize the prompts of a ruining procedure always by methods for gas and vapors produced, diverse unstable and different conditions nourishment decay can be distinguished by gas sensors.

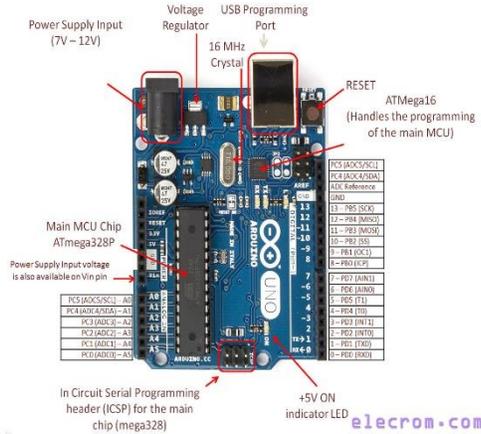
A. *DHT sensor*: DHT11 computerized temperature and moistness sensor is a composite Sensor contains an aligned advanced flag yield of the temperature and mugginess. Use of a committed advanced modules gathering innovation and the temperature and stickiness detecting innovation, to guarantee that the item has high dependability and incredible long haul steadiness. The sensor incorporates a resistive feeling of wet parts and a NTC estimation gadgets and associated with a superior 8-bit microcontroller.

B. *Moisture sensor*: Moisture is the little amount of water inside a strong or dense on a surface of any material. Meat and poultry are made out of normally happening water, muscle, tissue, bone, and fats. Everyone eat meat for the muscle. There are roughly 75% muscle in meat. With the sort of meat the normally happening water substance varies. The water substance in meat thing whether it is chicken or hamburger guarantees the freshness of meat as an excess of wet or dry meat isn't a great idea to devour. An excessive amount of water substance in meat things changes the pH level just as synthetic arrangement of meat which influences the freshness of meat. Dampness sensor is best to check the dampness substance present in chicken and meat.

C. *Gas sensor*: Contaminated sustenance is normally perceptible by scent. A little gas sensors and ease custom fitted to the kind of nourishment bundling and a specialized gadget for transmitting caution yield to the shopper are key factors in accomplishing astute bundling. Discoveries Conducting polymer composite, naturally directing polymer and metal oxide conductivity gas sensors, metal- oxide- semiconductor field-impact transistor (MOSFET) gas sensors offer phenomenal segregation and lead the path for another age of "savvy sensors" which will form the future business markets for gas sensors. Innovation/esteem Small size, low power utilization, short reaction time, wide working temperature, high proficiency and little zone are most essential highlights of presented framework for utilizing in bundle nourishment.

### Detection using arduino

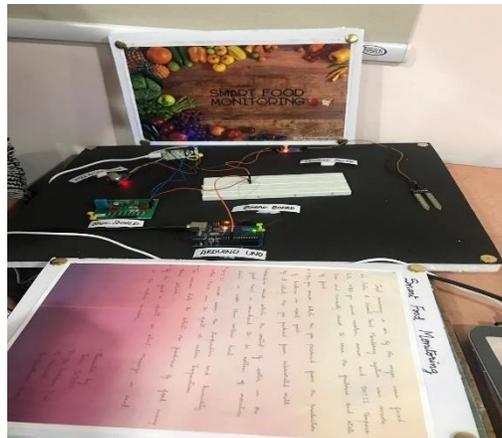
The food quality monitoring device designed in this project is based on Arduino UNO. The Arduino has served as an IoT board in this project. Various sensors like DHT-11, MQ3 and LDR and the ESP8266 Wi-Fi Modem are interfaced to the Arduino. Arduino is an open-source electronics platform based on easy-to-use hardware and software. Arduino boards are able to read inputs - light on a sensor, a finger on a button, or a Twitter message - and turn it into an output - activating motor, turning on a LED, publishing something online. Arduino having sensors- With some simple code, the Arduino can control and interact with a wide variety of sensors - things that can measure light, temperature, degree of flex, pressure, proximity, acceleration, carbon monoxide, radioactivity, humidity, barometric pressure, you name it, you can sense it!



*Arduino UNO pins*

Arduino is an open-source venture that made microcontroller-based packs for building computerized gadgets and intelligent items that can detect and control physical gadgets. The Arduino stage has turned out to be very mainstream with individuals simply beginning with hardware, and all things considered. Not at all like most past programmable circuit sheets, the Arduino does not require a different bit of equipment (called a software engineer) so as to stack new code onto the board – you can essentially utilize a USB link. Also, the Arduino IDE utilizes a disentangled variant of C++, making it less demanding to figure out how to program. At long last, Arduino gives a standard structure factor that breaks out the elements of the miniaturized scale controller into a progressively open bundle.

Arduino having sensors-With some straightforward code, the Arduino can control and cooperate with a wide assortment of sensors - things that can gauge light, temperature, level of flex, weight, vicinity, speeding up, carbon monoxide, radioactivity, moistness, barometric weight, and so on, you can detect it!



The Arduino based IoT device has the following circuit connections -Arduino UNO - The Arduino UNO is ATmega328 based microcontroller board. It is a standout amongst the most prevalent prototyping sheets. The board accompanies worked in arduino boot loader. It has 14 GPIO pins, 6 PWM pins, 6 Analog sources of info and on board UART, SPI and TWI interfaces, an on-board resonator, a reset catch, and openings for mounting pin headers. While programming the board, it very well may be associated with the PC utilizing USB port and the board can keep running on USB control. The Arduino UNO has 32 Kb Flash memory, 1 Kb EEPROM and 2 Kb SRAM. The

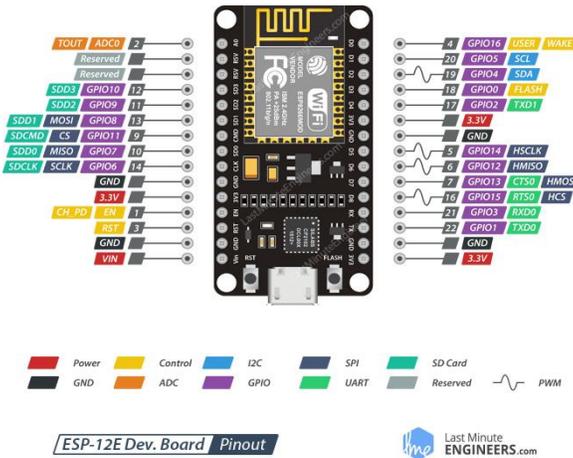
board can be associated with various Arduino Shields for availability with Ethernet, Bluetooth, Wi-Fi, Zigbee or Cellular system and it tends to be associated with the majority of the IoT stages. The ATmega328 controller has the following pin configuration –

Pin Number	Pin Name	Function
1	PC6	Reset
2	PD0	Digital Pin (RX)
3	PD1	Digital Pin (TX)
4	PD2	Digital Pin
5	PD3	Digital Pin (PWM)
6	PD4	Digital Pin
7	V <sub>CC</sub>	Positive Voltage (Power)
8	GND	Ground
9	XTAL 1	Crystal Oscillator
10	XTAL 2	Crystal Oscillator
11	PD5	Digital Pin (PWM)
12	PD6	Digital Pin (PWM)
13	PD7	Digital Pin
14	PB0	Digital Pin
15	PB1	Digital Pin (PWM)
16	PB2	Digital Pin (PWM)
17	PB3	Digital Pin (PWM)
18	PB4	Digital Pin
19	PB5	Digital Pin
20	AVCC	Positive voltage for ADC (power)
21	AREF	Reference Voltage
22	GND	Ground
23	PC0	Analog Input
24	PC1	Analog Input
25	PC2	Analog Input
26	PC3	Analog Input
27	PC4	Analog Input
28	PC5	Analog Input

*Arduino UNO pin diagram*

In this undertaking, the two Analog Input pins of the board are utilized to interface the LDR and MQ3 sensor, one GPIO is utilized to interface DHT-11 sensor, two GPIO are utilized to interface ESP8266 module where pins are arranged UART transmitter and collector pins utilizing programming sequential.

**ESP8266 Module** - The ESP8266 Wi-Fi Module is an independent SOC with coordinated TCP/IP convention stack that can access to a Wi-Fi arrange. The ESP8266 is able to do either facilitating an application or off stacking all Wi-Fi organizing capacities from another application processor. Each ESP8266 module comes pre-modified with an AT order set firmware. The module comes accessible in two models - ESP-01 and ESP-12. ESP-12 has 16 pins accessible for interfacing while ESP-01 has just 8 pins accessible for use. The ESP-12 has the following pin configuration -



The RESET and VCC pins of the module are associated with the 3.3 V DC while Ground stick is associated with the shared belief. The Tx and Rx pins of the module are associated with the 12 and 13 pins of the Arduino UNO. Power Supply - The circuit works on 5V DC. The AC mains is utilized as the essential wellspring of intensity. The supply from the mains is ventured somewhere near a transformer and redressed by a full-connect rectifier. The corrected yield is directed to 5V and 12V utilizing 7805 and 7812 ICs. The stick 1 of both the voltage controller ICs is associated with the anode of the battery and stick 2 of the two ICs is associated with ground. The individual voltage yields are drawn from stick 3 of the separate voltage controller ICs. A LED alongside a 10K  $\Omega$  pull-up resistor is likewise associated between shared opinion and yield stick to get a visual trace of supply progression.

How the circuit works:

This Arduino based IoT gadget ought to be introduced in a nourishment store. When it is appropriately introduced and controlled on, it associates with the web by means of Wi-Fi modem and begin perusing information from the interfaced sensors - DHT-11 temperature and dampness sensor, MQ3 Sensor and the LDR sensor. DHT11 Temperature and Humidity Sensor is an advanced sensor with inbuilt capacitive stickiness sensor and Thermistor. It transfers a continuous temperature and dampness perusing at regular intervals. The sensor works on 3.5 to 5.5 V supply and can peruse temperature between 0° C and 50° C and relative dampness somewhere in the range of 20% and 95%. The sensor can't be specifically interfaced to an advanced stick of the board as it works on 1-wire convention which must be executed just on the firmware. First the information stick is designed to enter and a begin flag is sent to it. The begin flag includes a LOW for 18 milliseconds pursued by a HIGH for 20 to 40 microseconds pursued by a LOW again for 80 microseconds and a HIGH for 80 microseconds. In the wake of sending the begin flag, the stick is arranged to advanced yield and 40-bit information including the temperature and dampness perusing is locked out. Of the 5-byte information, the initial two bytes are whole number and decimal piece of perusing for relative moistness separately, third and fourth bytes are whole number and decimal piece of perusing for temperature and last one is checksum byte.

For Arduino, standard library for DHT-11 sensor is as of now accessible. The information from the sensor can be effectively prepared by calling read11() technique for the DHT class.

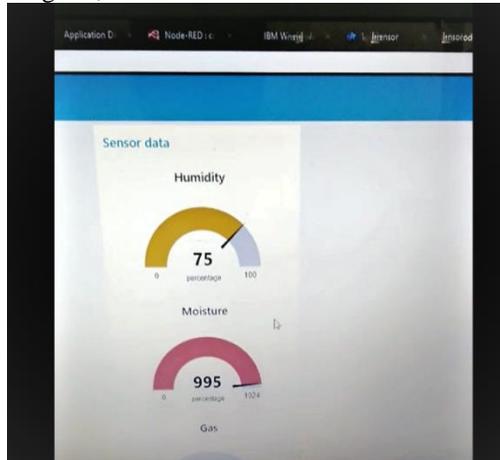
The MQ3 sensor distinguishes the emanation of ethanol sort of gases. On the off chance that the nourishment/natural products get ruined, they transmit the ethanol kind of gases. The MQ3 sensor recognizes the grouping of such gases and yield a simple voltage corresponding to the convergence of the gas. The simple yield is passed to the simple stick of the Arduino which has inbuilt ADC that changes over the simple to advanced esteem.

The Arduino gathers information from every one of the sensors and convert the qualities to the strings. The ESP8266 Wi-Fi module associated with the Arduino transfers the information to ThingSpeak Server. For showing and checking information transferred to the ThingSpeak server, either a computerized dashboard or information

specialist is required. In this venture, an advanced dashboard called IBM Watson is utilized to screen the sensor information outwardly on the web. The IBM Watson use JSON record to envision ThingSpeak information. It offers three components to fabricate a dashboard -

1) Data Sources - The information sources get the information from outer sources. These outer sources can be information specialist administrations, JavaScript applications or JSON documents accepting substance from a HTTP server. In this venture, the information source is a JSON record that gets information from the ThingSpeak server.

2) Widgets - The Widgets help to show information in printed or graphical structure. There are numerous gadgets accessible in Freeboard.io like content, diagram, check and so forth.

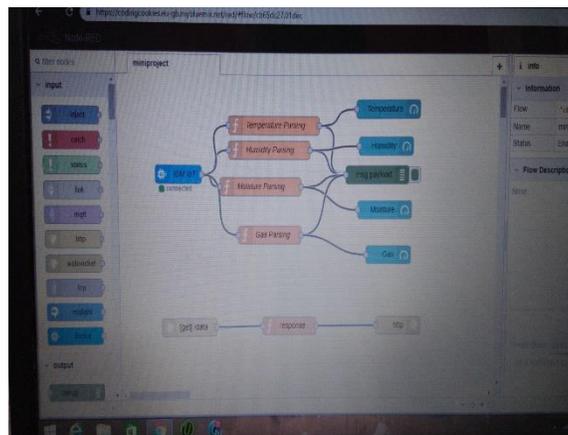


3) Panes - These are used to organize widgets. IBM Watson requires sign up and after sign widgets can be created.

### Architecture of node-red

Our project is monitored by IBM Watson platform and the developer is IBM emerging technologies written in Javascript.

Node-RED is a flow-based development tool for visual programming developed originally by IBM for wiring together hardware devices, APIs and online services as part of the Internet of Things. Node-RED provides a web browser-based flow editor, which can be used to create JavaScript functions. In our project, It can be structured as:



## IV. PROJECT CODE

```

#include<ESP8266WiFi.h>                                     #include <PubSubClient.h>
//----- Customise these values -----
const char* ssid = "Taehyung's";
const char* password = "wifey.<3";
#include"DHT.h"          #define  DHTPIN  D2              // what pin we're connected
to
#define DHTTYPE DHT11 // define type of sensor DHT 11
DHT dht (DHTPIN, DHTTYPE);
#define ORG "orhnh5"
#define DEVICE_TYPE "NodeMCU"
#define DEVICE_ID "NodeMCU2"
#define TOKEN "1PLy5k!aS3AncRfOQu"
//----- Customise the above values -----
char server[] = ORG ".messaging.internetofthings.ibmcloud.com";
char topic[] = "iot-2/evt/Data/fmt/json";
char authMethod[] = "use-token-auth";
char token[] = TOKEN;
char clientId[]="d:"ORG ":" DEVICE_TYPE ":" DEVICE_ID;
int gas;
float moisture;
WiFiClient wifiClient;
PubSubClient client(server, 1883,wifiClient);
void setup()
{
Serial.begin(115200);
Serial.println();
dht.begin();
Serial.print("Connecting to ");
Serial.print(ssid);
WiFi.begin(ssid, password);
while(WiFi.status()!=WL_CONNECTED)
{
delay(500);
Serial.print(".");
}
Serial.println("");
Serial.print("WiFi connected, IP address: ");Serial.println(WiFi.localIP());
}
void loop()
{
float h = dht.readHumidity();
float t = dht.readTemperature();
if (isnan(h) || isnan(t))
{
Serial.println("Failed to read from DHT sensor!");
delay(1000);          return;
}
moisture = analogRead(A0);
Serial.print("moisture is ");
Serial.println(moisture);

```

```

delay(1000);
gas = digitalRead(D0);
Serial.print("gas content is");
Serial.println(gas);
PublishData(t,h,moisture,gas);
delay(1000);
delay(500);
}
void PublishData(float temp, float humid,float moisture,int gas)
{
if (!client.connected())
{
Serial.print("Reconnecting client to ");
Serial.println(server);
while (!client.connect(clientId, authMethod, token))
{
Serial.print(".");
delay(500);
}
Serial.println();
}
String payload = "{\"d\":{\"temperature\":";
payload += temp;
payload+=", \"humidity\":";
payload += humid;
payload+=", \"moisture\":";
payload += moisture;
payload+=", \"gas\":";
payload += gas;
payload += "}}";
Serial.print("Sending payload: ");
Serial.println(payload);
if (client.publish(topic, (char*) payload.c_str()))
{
Serial.println("Publish ok");
}
else
{
Serial.println("Publish failed");
}
}
}

```

## V. RESULTS AND DISCUSSION

The Aurdino basedgas and humidity sensors were able to sense therefore visible signs of spoilage such as mould or odor were observed. The level of emission of gases correlated with the degree of spoilage offood. The arduino-based sensors were sensitive enough to pick up low amounts of emissions of methane and ammonia which is penetrated by decaying of food. When visible signs of decay started to show, the levels of the gas emissions yery Hign20-fol relative to control. While I was able to observe these results in oranges, the level of gases in other foods that were tested such as rice and milk were much lower. Detecting naturally emitted gases such as Methane, Ammonia and Ethylene as foods decay can be used to detect food spoilage. The aurdino sensors were able to detect humidity content from food items once we insert the moisture sensor in it. Using sensors to detect the presence of

these harmful /bad microbes among foods can help detect food presence early before any one consumes spoiled food. These techniques can be further developed to invade the type of gas sensors and foods to increase the sensitivity of such detection methods.

## VI. CONCLUSION

The rising instances of sustenance harming requires a successful procedure to caution unwary customers of spoiled or stale nourishment things. This at last prompts lesser sicknesses and low use regarding analysis and medications. The Smart plate gives an immediate and advantageous intends to screen produce/nourishment quality to address sustenance security and waste issues. The Smart Plate is wanted to such a degree, that it might be fitted into any standard nuclear family utensil, in this way extending its plausibility. It moreover includes an assortment of sensors, engaging it to be used for different sustenance things. The structure finally alerts clients concerning the status of their sustenance thing correctly and supportively. The compromise of a remarkably made adaptable application enables customers to pursue the status of sustenance things at their homes remotely. The arrangement is decreased and can be produced successfully using simplicity fragments. A ratty and profitable arrangement enables the Smart Plate to be moderate for all fragments of the overall population.

## VII. FUTURE SCOPE

- Inclusion of more categorizing parameters, such as, alcohol levels.
- NANODETECT: In NANODETECT, the nano reaction technology will be used to develop on-line and off-line monitoring systems (sensors) which combine the expertise of sensitive molecular biological processes with the potency of nanotechnology for application in liquid process food streams.
- Sensor upgrades: sensors to upgrade more area.
- To integrate two or more sensors for foods which display dual parameters.
- Pressure sensor: sensors that would help maintain a diet based on amount of calorie consumption.

## VIII. ACKNOWLEDGEMENTS

The purpose of this project was to find a way to not waste food that is unused. This research was supported by Smartbridge. We thank the faculty for assistance with this project “Smart Food Monitoring” who provided insight and expertise that greatly assisted the research. We would also like to show our gratitude to ‘Stanley College of Engineering for Women’ for sharing their pearls of wisdom with us during the course of the research.

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